

FAME Public Charter School
Course Description
Physical Education 1 and 2

Description:

Students will choose activities from the following list of approved sports or exercise programs. One or more options may be utilized over the course of completing the two-year P.E. graduation requirement. Students must complete 200 minutes per week of physical education. An activity journal must be kept that includes a weekly log of hours and a description of P.E activities performed including skills practiced and new skills learned. Students will be awarded 5 credits per semester with a passing grade.

Approved Activities:

Aerobics
Baseball
Basketball
Bicycle, Distance, Racing, or Recreational
Boxing
Dance
Distance Running
Drill Team
Equestrian Training
Fencing
Field and Track
Football
Gymnastics
Hiking
Hockey (ice or roller)
Ice Skating
Jogging
Martial Arts
Soccer
Swimming
Tennis
Volleyball
Walking
Weightlifting
Yoga

Other activities require prior approval from the BASIS@FAME High School Administrator.

Revised 10/2006

