

# FAME Public Charter School

Scope and Sequence: 9<sup>th</sup>-12<sup>th</sup> Elective Course

<b>Subject/Unit Title: Understanding Psychology</b>			
<b>Estimated Time Frame (#of Days):</b>			
<b>Unit 1: Chapters 1-2</b>			
<b>Chapter Title</b>	<b>Objectives</b>	<b>CA State Standards</b>	<b>Assessments</b>
<b>Chapter 1: Introducing Psychology</b>  Section 1: Why Study Psychology	<ul style="list-style-type: none"> <li>Describe the range of topics that are covered in an introductory psychology course.</li> <li>Cite the goals and scientific basis of psychology.</li> </ul>		
Section 2: A brief history	<ul style="list-style-type: none"> <li>Explain important trends in the history of psychology</li> <li>Identify various approaches to the study of psychology.</li> </ul>		
Section 3: Psychology as a Profession	<ul style="list-style-type: none"> <li>Explain the work of psychologists.</li> <li>Summarize the careers and specialized fields in psychology.</li> </ul>		
<b>Chapter 2: Research Methods and Statistics</b>  Section1: What is Research	<ul style="list-style-type: none"> <li>Describe the process of psychological research and the scientific method.</li> <li>Name the different types of psychological research.</li> </ul>		

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Section 2: Problems and Solutions	<ul style="list-style-type: none"><li>• Summarize the methodological hazards of doing research.</li><li>• Examine experimental procedures psychologists use to avoid bias.</li></ul>		
Section 3: Statistical Evaluation	<ul style="list-style-type: none"><li>• Recognizes types of descriptive statistics.</li></ul>		
<b>UNIT 2 (Chapters 3-5)</b> <b>Chapter 3: Infancy and Childhood</b> Section 1: Physical, Perceptual and Language Development.	<ul style="list-style-type: none"><li>• Describe the physical and perceptual development of newborns and children.</li><li>• Discuss the development of language.</li></ul>		
Section 2: Cognitive and Emotional Development	<ul style="list-style-type: none"><li>• Summarize the cognitive-development theory.</li><li>• Discuss how children develop emotionally.</li></ul>		

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Section 3: Parenting Styles and Social Development	<ul style="list-style-type: none"> <li>Describe theories of social development.</li> <li>Outline Kohlberg’s stages of moral reasoning.</li> </ul>		
<b>Chapter 4: Adolescence</b>  Section 1: Physical and Sexual Development	<ul style="list-style-type: none"> <li>Describe the physical and sexual development that characterizes adolescence.</li> <li>Describe research related to the sexual attitudes and roles of adolescents.</li> </ul>		
Section 2: Personal Development	<ul style="list-style-type: none"> <li>Describe the cognitive and ideological changes that characterize adolescence.</li> <li>Outline the process by which adolescents find a personal identity.</li> </ul>		
Section 3: Social Development	<ul style="list-style-type: none"> <li>Describe the role of family and peers during adolescence.</li> <li>Discuss difficulties that some adolescents encounter.</li> </ul>		
Section 4: Gender Roles and Difference	<ul style="list-style-type: none"> <li>Explain the difference between gender identity and gender role.</li> <li>Describe gender difference in</li> </ul>		

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<b>Chapter 5: Adulthood and Old Age</b>	personality and cognitive abilities.		
Section 1: Adulthood	<ul style="list-style-type: none"><li>• Characterize the physical changes that take place during adulthood.</li><li>• Describe the social and emotional changes that occur during the adulthood.</li></ul>		
Section 2: Old Age	<ul style="list-style-type: none"><li>• Identify changes that occur in health and life situation during old age.</li><li>• Summarize how people physically , mentally, and socially adjust to old age.</li></ul>		
Section 3: Dying and Death	<ul style="list-style-type: none"><li>• Identify the stages of dying.</li><li>• Describe the services of hospices.</li></ul>		
<b>UNIT 3: Chapters 6-8)</b>  <b>Chapter 6: Body and Behavior</b>			

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<p>Section 1: The Nervous System: The Basic Structure.</p>	<ul style="list-style-type: none"> <li>• Identify the parts of the nervous system.</li> <li>• Describe the functions of the nervous system.</li> </ul>		
<p>Section 2: Studying the Brain</p>	<ul style="list-style-type: none"> <li>• Identify the structure and functions of the human brain.</li> <li>• Discuss the different ways psychologists study the brain.</li> </ul>		
<p>Section 3: The Endocrine System</p>	<ul style="list-style-type: none"> <li>• Describe the endocrine system.</li> <li>• Identify hormones and their function in the endocrine system.</li> </ul>		
<p>Section 4: Heredity and Environment</p>	<ul style="list-style-type: none"> <li>• Give examples of the effects of heredity and environment on behavior.</li> <li>• Summarize research on the effects of heredity and environment on behavior.</li> </ul>		
<p><b>Chapter 7: Altered States of Consciousness</b></p> <p>Section 1: Sleep and Dreams.</p>	<ul style="list-style-type: none"> <li>• Describe the research related to sleep and dreams.</li> <li>• List and discuss sleep disorders.</li> </ul>		
<p>Section 2: Hypnosis, Biofeedback and</p>	<ul style="list-style-type: none"> <li>• Determine how hypnosis relates to consciousness.</li> <li>• Describe research into such techniques as biofeedback and</li> </ul>		

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Mediation.	meditation.		
Section 3: Drugs and Consciousness	<ul style="list-style-type: none"><li>• Describe the effects drugs have on consciousness.</li><li>• Define drug abuse.</li></ul>		
<b>Chapter 8: Sensation and Perception</b>  Section 1: Sensation	<ul style="list-style-type: none"><li>• Describe the field of study known as psychophysics.</li><li>• Define and discuss threshold, Weber's law, and signal detection.</li></ul>		
Section 2: The Senses	<ul style="list-style-type: none"><li>• Describe the nature and functioning of the sense organs.</li><li>• Identify the skin and body sense and explain how they work.</li></ul>		
Section 3: Perception	<ul style="list-style-type: none"><li>• Outline the principles involved in perception.</li><li>• Describe how we learn to perceive and what illusions are.</li></ul>		

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<p><b>UNIT 4 Chapters 9-12</b></p> <p><b>Chapter 9: Learning: Principles and Applications</b></p> <p>Section 1: Classical Conditioning.</p>	<ul style="list-style-type: none"> <li>Describe the principals of classical conditioning.</li> <li>Outline the techniques of classical conditioning.</li> </ul>		
<p>Section 2: Operant Conditioning.</p>	<ul style="list-style-type: none"> <li>Outline the principles of operant conditioning.</li> <li>Describe applications of operant conditioning.</li> </ul>		
<p>Section 3: Social Learning</p>	<ul style="list-style-type: none"> <li>Cite the principles involved in cognitive learning and modeling.</li> <li>Identify the principles of learning used in behavior modification.</li> </ul>		
<p><b>Chapter 10: Memory and Thought</b></p> <p>Section 1: Taking in and Storing Information</p>	<ul style="list-style-type: none"> <li>Explain the three processes of memory.</li> <li>Describe the information-processing model of memory.</li> </ul>		
<p>Section 2: Retrieving</p>	<ul style="list-style-type: none"> <li>Identify several memory retrieval processes.</li> <li>Explain the processes involved</li> </ul>		

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Information	in forgetting.		
<b>Chapter 11: Thinking and Language</b>  Section 1: Thinking and Problem Solving	<ul style="list-style-type: none"> <li>Identify the units of thought and the kinds of thinking.</li> <li>Explain strategies for and obstacles to problem solving.</li> </ul>		
Section 2: Language	<ul style="list-style-type: none"> <li>Explain the structure of language.</li> <li>Describe how children develop language.</li> </ul>		
<b>Chapter 12: Motivation an Emotion</b>  Section 1: Theories of Motivation.	<ul style="list-style-type: none"> <li>Describe four theories of motivation.</li> <li>Discuss the difference between intrinsic and extrinsic motivation.</li> </ul>		
Section 2: Biological and Social Motives	<ul style="list-style-type: none"> <li>Describe the biological and social needs of humans.</li> <li>Explain Maslow’s hierarchy of needs.</li> </ul>		

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Section 3: Emotions	<ul style="list-style-type: none"><li>• Give examples of the physiological theories of emotion.</li><li>• Explain the cognitive theorists' approach to the study of emotion.</li></ul>		
<b>UNIT 5: Personality and Individuality (Chapters 13-14)</b>  <b>Chapter 13: Psychological Testing</b>			
Section 1: Characteristics of Psychological tests	<ul style="list-style-type: none"><li>• Identify three ways of measuring reliability.</li><li>• Explain test standardization and how test validity is assessed.</li></ul>		
Section 2: Intelligence testing	<ul style="list-style-type: none"><li>• Explain the various views of intelligence.</li><li>• Identify two kinds of IQ tests.</li></ul>		

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Section 3: Measuring Achievement, Abilities and Interests.	<ul style="list-style-type: none"><li>• Identify the most widely used aptitude tests, achievements tests and interest inventories.</li><li>• Explain the application of aptitude tests, achievement tests and interest inventories.</li></ul>		
Section 4: Personality Testing	<ul style="list-style-type: none"><li>• Identify the most widely used personality tests.</li><li>• Describe the use of personality tests.</li></ul>		
<b>Chapter 14: Theories of Personality.</b>  Section 1: Purposes of Personality Theories.	<ul style="list-style-type: none"><li>• Describe the major purposes of personality theories.</li><li>• List the major schools of personality theory.</li></ul>		
Section 2: Psychoanalytic Theories	<ul style="list-style-type: none"><li>• Explain Sigmund Freud's structural concepts of personality.</li><li>• Describe Carl Jung's theory of personality.</li></ul>		

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Section 3: Learning Theories.	<ul style="list-style-type: none"> <li>Describe Skinner’s concept of personality.</li> <li>Explain Bandura’s social cognitive theory of personality.</li> </ul>		
Section 4: Humanistic and Cognitive Theories.	<ul style="list-style-type: none"> <li>Explain Maslow’s idea of self-actualization</li> <li>Describe Carl Rogers’s view of human behavior.</li> </ul>		
Section 5: Trait Theories	<ul style="list-style-type: none"> <li>Explain the main features of trait personality.</li> <li>Describe Allport’s, Cattell’s and Eyesncks’s theories of personality.</li> </ul>		
<b>UNIT 6 (Chapters 15-17)</b>  <b>Chapters 15: Stress and Health</b>			
Section 1: Sources of Stress	<ul style="list-style-type: none"> <li>Define stress.</li> <li>Identify various sources of stress.</li> </ul>		

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Section 2: Reactions of Stress	<ul style="list-style-type: none"> <li>• Give examples of the psychological, physical and behavioral reactions to stress.</li> <li>• Identify stages of the stress reaction.</li> </ul>		
Section 3: Coping with Stress.	<ul style="list-style-type: none"> <li>• Explain defensive strategies of coping with stress.</li> <li>• Describe active strategies of coping with stress.</li> </ul>		
Section 4: Stress in Your Life	<ul style="list-style-type: none"> <li>• Identify some of the issues related to adjustment to college life.</li> <li>• Describe issues related to starting a first job.</li> </ul>		
<b>Chapter 16: Psychological Disorders</b>			
Section 1: What are Psychological Disorders.	<ul style="list-style-type: none"> <li>• Define psychological disorder.</li> <li>• Distinguish between the concepts of normality.</li> </ul>		

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Section 2: Anxiety Disorders.	<ul style="list-style-type: none"><li>• Identify the behavioral patterns that psychologists label anxiety disorders.</li><li>• Explain what causes anxiety disorders.</li></ul>		
Section 3: Somatoform and Dissociative Disorders.	<ul style="list-style-type: none"><li>• Identify the behavioral patterns that psychologists label as somatoform disorders.</li><li>• Describe the symptoms of dissociative disorders.</li></ul>		
Section 4: Schizophrenia and Mood Disorders	<ul style="list-style-type: none"><li>• Describe the disorder of schizophrenia.</li><li>• Describe several theories that try to explain mood disorders.</li></ul>		
Section 5: Personality Disorders and rug Addiction.	<ul style="list-style-type: none"><li>• Describe how personality disorders differ from other psychological disorders.</li><li>• Explain how drug abuse is a psychological problem.</li></ul>		
<b>Chapter 17: Therapy and Change</b>			

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Section 1: What is Psychotherapy?	<ul style="list-style-type: none"><li>• Explain the nature of psychotherapy,</li><li>• Describe the role of therapist.</li></ul>		
Section 2: Psychoanalysis and Humanistic Therapy	<ul style="list-style-type: none"><li>• Describe psychoanalysis and its aims.</li><li>• Explain humanistic therapy and its goals.</li></ul>		
Section 3: Cognitive and Behavior Therapies.	<ul style="list-style-type: none"><li>• Describe cognitive therapies and their aims.</li><li>• Explain the processes and goals of behavior therapy.</li></ul>		
Section 4: Biological Approaches to Treatment.	<ul style="list-style-type: none"><li>• Explain the biological approaches to treatment.</li><li>• Give examples of treatment medicines and their effects on patients.</li></ul>		

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UNIT 7 : Social Psychology (Chapters 18-21)			
<b>Chapter 18: Individual Interaction</b>  Section 1: Interpersonal Attraction	<ul style="list-style-type: none"><li>• Discuss why we need friends.</li><li>• List and explain the factors involved in choosing friends.</li></ul>		
Section: Social Perception	<ul style="list-style-type: none"><li>• Explain how we use first impressions and schemas.</li><li>• Describe several factors that influence how we interpret others behavior.</li></ul>		
Section 3: Personal Relationships	<ul style="list-style-type: none"><li>• Describe the sources of parent-adolescent conflict.</li><li>• Describe different types of love.</li></ul>		
<b>Chapter 19: Group Behavior</b>  Section 1: Group Behavior	<ul style="list-style-type: none"><li>• Define and explain different types of groups.</li><li>• Describe the interactive patterns within groups.</li></ul>		

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<p>Section 2: Conformity and Obedience</p>	<ul style="list-style-type: none"> <li>• Identify ways that groups can influence an individual's behavior.</li> <li>• Explain why most people tend to obey authority figures.</li> </ul>		
<p>Section 3: Conflict and Cooperation</p>	<ul style="list-style-type: none"> <li>• Explain the causes of group conflict and cooperation.</li> <li>• Summarize how group dynamics promote or restrain altruism and aggression.</li> </ul>		
<p><b>Chapter 20: Attitudes and Social Influence</b></p> <p>Section 1: Attitude Formation</p>	<ul style="list-style-type: none"> <li>• Trace the origin of attitudes.</li> <li>• Describe the functions and attitudes.</li> </ul>		
<p>Section 2: Attitude Change and Prejudice</p>	<ul style="list-style-type: none"> <li>• Cite the sources of attitude change.</li> <li>• Describe prejudice and its relationship to stereotypes and roles.</li> </ul>		
<p>Section 3: Persuasion</p>	<ul style="list-style-type: none"> <li>• Describe the factors involved in the communication process.</li> <li>• Explain the difference types of</li> </ul>		

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	persuasion processes.		
<b>Chapter 21: Psychology Present and Future</b>  Section 1: Careers in Psychology	<ul style="list-style-type: none"><li>• Outline the requirements needed to become a psychologist.</li><li>• List several careers available in psychology.</li></ul>		
Section 2: Psychology's Contribution	<ul style="list-style-type: none"><li>• Describe psychologists' contributions in everyday life.</li><li>• Summarize psychology's challenges for the future</li></ul>		